

MAB PROJECT - "MENTORING ACROSS BORDERS"

(9 COUNTRIES, 13 ORGANISATIONS, 9 MENTORING HUBS,
1 PLATFORM FOR INTERNATIONAL MATCHING)

THE MAB PROJECT AT A GLANCE

The MAB project aims to develop mentoring hubs in Eastern and Southern European countries, which will organize and train established professional adults aged 50+ as mentors. These volunteers will help younger people aged 18-30, including those at risk of marginalisation, to develop their professional skills and enter the labour markets within the European Union and beyond.

The project will run for two years and will create an online platform to help match mentors and mentees: older mentors will offer their knowledge and experience and younger people can register for guidance in their field of interest.

PROJECT CO-FINANCED BY THE EUROPEAN UNION

WE WANT YOU!

- ***Mentors:*** People over 50 years old who are interested in offering voluntary professional mentoring to younger people.
- ***Mentees:*** Younger people aged 18-30 who are interested in receiving advice and guidance for their professional development.
- ***Mentoring hubs:*** Organisations that would like to train future mentors and match them with mentees

THE INNOVATION OF THE MAB PROJECT

CROSS-BORDER

The project provides the opportunity for cross-border cooperation between mentors and mentees through the MAB platform.

PAN-EUROPEAN

Cooperation and networking of guidance hubs between European countries are facilitated

PERSONALIZED

The guidance of the mentees is individually designed for their personal needs.

OUR METHODOLOGY

DEVELOPMENT OF THE MAB METHODOLOGY

Building on successful mentoring programmes, the MAB team will develop a robust, targeted methodology aiming at the transnational connection between mentors and mentees.

DEVELOPMENT OF THE PLATFORM

The matching of mentors with their mentees will be done through the MAB platform, with specific criteria for identifying the needs, and fostering the strongest possible mentoring experience.

CREATION OF MENTORING HUBS

Nine (9) Mentoring hubs will be set up in Albania, Belgium, Bulgaria, Cyprus, Germany, Greece, Hungary, Italy, and Poland, with the main tasks of training mentors and matching them with mentees. We are also inviting other organisations to become mentoring hubs!

MENTOR TRAINING

A minimum of 120 mentors will be trained by the Mentoring Hubs and will be available through the MAB platform to guide the younger people selected.

CALL FOR MENTEES

A minimum of 120 younger people aged 18-30 will be able to register on the platform over a period of six months, and will receive mentoring through the MAB program and its mentors.

6-MONTH MENTORING PROGRAMMES

The MAB Mentoring Programmes will be implemented twice for up to 6 months and will be designed to meet the needs of each mentee.

EVALUATION

The MAB programme will be evaluated by all stakeholders (mentors, mentees, institutions, partners) in order to have a comprehensive picture for improvements and adjustments.

OUR VISION

- 1.Support the economy through strengthening the workforce of participating countries;
- 2.Tap into the wealth of knowledge and experience of older people for the benefit of society and the economy;
- 3.Guide younger professionals to increase their professional and personal, especially civic, participation;

4. Strengthen mutual understanding and solidarity between generations through cooperation;
5. Contribute to the mental well-being of both older people through their voluntary contribution to society, and younger people through their empowered engagement with society;
6. Provide evidence of the importance of mentoring to policy maker;
7. Continue and further develop successful mentoring programmes, such as [EvolYou](#). This project mobilised 90 older people from 6 countries who mentored 187 younger people from vulnerable groups, to support their personal and professional development.

THE PARTNERS IN THE MAB PROGRAMME

1. CESES
2. 50plus Hellas
3. Senior Experten Services ?
4. Volontariato Torino ETS
5. AGE platform Europe
6. Centre for European Volunteering - CEV
7. Seniores Italia Lazio ?
8. Cyprus Third Age Observatory
9. Druzhestvo Znanie
10. Önkéntes Központ Alapítvány
11. Auleda Local Economic Development Agency Vlore
12. Stowarzyszenie Centrum Wolontariatu
13. Volontari Senior Professionalisti ODV

For the last update visit the web site: WWW.EUMENTORING.EU